

packages

blu moon: 4 hours \$250

This is it, the kind of spa experience that only comes along once in a blu moon! Your journey begins with our signature facial, followed by our signature blu massage. Then visit our nail room for our signature hand treatment and my blu heaven foot treatment.

blu half-moon: 2 hours \$170

Short on time? Experience the blu moon in half the amount of time with a 25-minute signature blu massage and 25-minute signature facial. Then visit the nail room for an express hand and pedicure treatment.

blu remedy: 2 ½ hours \$140

Our answer to what your body is telling you it needs! Start off by relaxing with a 25-minute signature blu massage. Then revive your hands with a signature hand treatment. Don't forget to treat your feet! Enjoy a my blu heaven foot treatment.

awaken: 2 ½ hours \$200

A perfect pick-me-up when body and spirit need a little TLC. This uplifting package includes: 50-minute enliven your senses massage, 50-minute bring back the glow facial, and express hand treatment.

his time: 2 ½ hours \$225

We didn't forget about the men, you deserve your time also! Restore well-being with a sugar/salt glow, gentlemen's facial, and top off your time with a 50-minute signature blu massage.

additional services

waxing

brow	\$20	full arms	\$60
lip or chin	\$15	half arms	\$30
bikini	\$50 & up	underarm	\$25
Brazilian	\$75 & up	full legs	\$75 & up
back	\$55 & up	half legs	\$45 & up
full face	\$60		

dry brush upgrade \$15

Add the service of dry brushing to any of your massage or body treatments to improve circulation throughout the lymphatic system.



spa blu

The complete restorative and energizing spa experience from Sam's Town. Between hot stones, steam rooms and pedicures, feelings of energy and serenity surround you. New ways to enliven mind, body and spirit await, right here at spa blu.

reservations

It is never too soon to make your spa appointments. Advance reservations are strongly recommended.

gratuities

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. You are welcome to leave gratuities at your discretion.

arrival time

Please arrive at least 15 minutes prior to your scheduled appointment time. This will allow sufficient time for you to change into spa attire, enjoy a complimentary beverage, and unwind in our lounge areas.

privacy levels

We are a cell phone and pager free facility. To ensure a tranquil atmosphere for all guests, please turn off cell phones and pagers prior to your arrival. We are also a smoke-free facility.

what if I am running late?

As our treatments are scheduled on the hour, if you arrive late for your appointment, your treatment time will be shortened accordingly. The full price of the treatment is applied.

cancellation policy

A credit card will be required to make reservations for all guests. Cancellation should be made 24 hours prior to your treatment. Failure to cancel or modify your appointment 4 hours prior to the scheduled time will result in a 100% charge for missed services.

attire

Wear whatever is comfortable. We will provide a robe and slippers for your visit. During treatments, our therapists are trained to drape you appropriately for privacy and comfort.

what if I am pregnant?

A pregnant client needs to focus on what will make her body feel especially good during this special time of her life. We suggest avoiding treatments using deep pressure, hot stones, wraps and aromatherapy facials. All treatments for pregnant women can only be performed after the first trimester.

payment

We accept all major credit cards, cash, and players card. Spa services may also be charged to your hotel account. All prices are subject to change without notification.

age appropriate services

Spa/fitness center guests must be 18 years or older

right to refusal

If a guest uses inappropriate language or behavior or demonstrates signs of intoxication, the spa staff has the right to refuse service.



Sam's Town Hotel & Casino
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phone | 318-424-5616

spa hours | daily 8 am to 8 pm
pool hours | daily 8 am to 10 pm
fitness center hours | daily 6 am to 8 pm

massages

signature blu massage: 25/50/80 minutes \$60/\$90/\$135

A combination of Swedish and Asian inspired techniques to restore balance and harmony to your body, mind and spirit.

enliven your senses: 25/50/80 minutes \$70/\$100/\$145

Your choice of custom-blended essential oils are massaged into your skin to revive your body and enhance your mood. Truly a sensory experience.

night cap: 25/50 minutes \$65/\$95

A combination of scalp, neck, shoulder and foot massage is a deeply restorative experience that calms restlessness, stress and anxiety. With the help of scents and lighting, this massage promotes better natural sleep.

rock your body: 75 minutes \$140

A deeply relaxing and therapeutic massage that involves the placement of hot stones to soften tired muscles and soothe aggravated or inflamed joints.

hawaiian lomi lomi massage: 75 minutes \$140

"The art of love and healing through the hands and heart." This traditional Hawaiian form of massage utilizes long, flowing, and rhythmic strokes combined with joint mobilization to increase lymph flow and circulation. Lomi Lomi bestows the body with peace and tranquility.

heads up: 25 minutes \$50

Experience an indulgent East Indian scalp massage with blu azulene, followed by specific trigger point therapy and stretches to release tension in the neck and shoulders.

deep blu massage: 25/50/80 minutes \$70/\$100/\$165

Designed for individuals wanting more detailed work on specific muscle groups, or areas of chronic pain.

on the spot: 25 minutes \$25

Focused attention where you need it most. This massage can also be done fully clothed in our special massage chair.

the reflex: 25 minutes \$60

Therapeutic massage is combined with foot reflexology to enhance the flow of energy throughout the body and corresponding organ systems.

*Dual massages available at an additional rate

body treatments

shades of blu: 75 minutes \$140

This treatment takes you on a journey that revives the body, quiets the mind and touches the soul. It begins with a full-body exfoliation. Customized masques are applied to the body while you enjoy a scalp massage. The treatment concludes with a pampering signature full-body massage.



milk and honey wrap: 50 minutes \$100

We begin with a gentle dry brushing to boost your lymphatic system. Then you are wrapped in a cocoon of warm milk and honey to help your skin exfoliate and recondition. While the masque is working on your skin, we pamper you with scalp massage.

sugar/salt glow : 25 minutes \$60

Full body exfoliation with blu salt or sugar scrub followed by a lotion application.

blu mask: 50/75 minutes* \$95/\$110

Deeply penetrating signature azulene masque is applied to the body after a full-body exfoliation. Treatment is finished with a lotion application.

blu lotus mask: 50/75 minutes* \$95/\$110

Super antioxidant blu lotus works to reverse the effects of environmental damage and free radicals, while bentonite clay balances the skin. Start with a fully body exfoliation and conclude with a full body lotion application.

blue algae: 50/75 minutes* \$95/\$110

Ultra firming blu algae works to combat cellulite and sagging skin. The treatment includes exfoliation, the blue algae wrap and finally, a deep massage on cellulite areas.

wrap n' go: 15 minutes \$60

See inches shed away in 45 minutes. This treatment uses a specifically designed herbal wrap that will detox and tighten the area of your choice. You will be wrapped by our professional and ready to go in 15 minutes.

wrap n' relax: 50 minutes \$125

While the wrap works on the targeted area, enjoy a relaxing scalp, neck and foot massage.

*75 minutes service includes your choice of an upper and lower body massage

facials

signature facial: 25/50 minutes \$60/\$80

A rejuvenating treatment, high in antioxidants and customized for your skin type. Whether your skin is dehydrated, dull, needs a boost or all of the above, your aesthetician can customize a treatment specific to your needs. This facial includes thorough exfoliation, soothing treatment mask and moisture balance.

age defying facial: 50 minutes \$90

A combination of antioxidants, peptides, retinol and other ingredients known for their wrinkle-smoothing benefits are all included in this intense anti-aging facial. You will immediately see more smooth, plump and revitalized skin.

bring back the glow facial: 50 minutes \$90

The enzyme facial freshens the skin by removing dead skin cells to reveal a radiant complexion. Pomegranate and cranberry antioxidant strengthen skin while removing bacteria. Combined with salicylic acid, this treatment is recommended for dull, dehydrated, oily and acneic skin conditions.

deep cleansing facial: 50 minutes \$90

Do you have problem area? This facial includes a deep cleansing and detoxifying of your pores, extractions by our trained professionals, followed by healing treatment and serums.

blutiful you facial: 50 minutes \$110

Lactic acid peel with mulberry is designed to smooth fine lines and brighten discoloration by deep exfoliation. Combined with enzyme peel, this treatment delivers magnificent instant results. Gentle enough before a wedding or special event.

gentlemen's facial: 50 minutes \$85

Designed especially for the particular needs of men's skin, this treatment relieves shaving irritation while purifying, hydrating, softening and addressing aging issues. This facial includes a deep cleanse, enzyme peel, extractions, relaxing massage, purifying mask and moisture balance.

back facial: 50 minutes \$80

During this treatment your shoulder area will get a purifying and detoxifying mask, extraction and gentle massage.

hand and foot treatments

signature hand treatment : 50 minutes \$35

Enliven your hands with this deluxe service, which includes a soak, signature blu mask, massage, warm paraffin dip and polish of your choice. French polish is an additional charge.



express hand treatment: 25 minutes \$20

This exclusive treatment includes a hand soak, cuticle maintenance and lotion application, complete with your choice of polish. French polish is an additional charge.

express pedicure treatment: 25 minutes \$40

This exclusive treatment includes a foot soak, cuticle maintenance and lotion application, complete with your choice of polish. French polish is an additional charge.

my blu heaven foot treatment: 50 minutes \$55

In this foot ritual you will experience heavenly scents in a nurturing environment. We will exfoliate, apply our signature blu mask and surround your feet in warm paraffin to reflect improved health and true beauty. Transcend into your blu heaven journey with a foot massage. Includes callus elimination and choice of polish. French polish is an additional charge

peditini: 50 minutes \$58

Kick back and relax with a signature blu martini while we treat your feet to a my blu heaven foot treatment.

additional hand and foot treatments

polish change (hands/feet)	\$10/\$20	full set	\$50
paraffin treatment (hands/feet)	\$15/\$20	fills	\$30
french polish	\$10	nail removal	\$20
nail art	\$5	nail repair	\$5
shellac manicure	\$45	single tip with overlay	\$5
shellac removal	\$15		